

<b>Fr. Clement's email:</b> <a href="mailto:FrClementOrango@brcdt.org">FrClementOrango@brcdt.org</a> Parish Website: <a href="http://www.sttheresastansted.org">www.sttheresastansted.org</a> Parish website editor: <a href="mailto:church-website@zunigadaly.com">church-website@zunigadaly.com</a> Parish email: stansted@brcdt.org Twitter: @StStansted Instagram: sttheresastansted <b>Parish Hall Bookings:</b> Please email/contact Fr. Clement		<b>St Theresa of Lisieux Catholic Parish Stansted</b> (The Presbytery. High Lane, Stansted Mountfitchet, CM24 8LQ) Part of a Registered Charity No. 234092 (BRCDT)  <b>Priest in Charge: Fr. Clement Orang'o Tel. 01279 814 349</b> Parish Safeguarding: Susan Gurney <a href="mailto:safestansted@brcdt.org">safestansted@brcdt.org</a>		<b>18<sup>th</sup> Sunday</b> (18 <sup>th</sup> Week of Ordinary Time) Year 1 <b>Eucharist Prayer II</b> Memorial Acclamation –2  <b>The Fruits of the Holy Spirit:</b> Love, Joy, Peace, Kindness, Forbearance, Goodness, Faithfulness, and Self-Control (Gal 5:22-23). Gifts of the Holy Spirit: Wisdom, Understanding, Fortitude, Counsel, Knowledge, Piety and Fear of God.											
<b>Date -2025</b> <b>August</b>	<b>Time</b>	<b>MASS INTENTIONS OFFERED</b> <b>Livestreamed</b> (via YouTube or on our website)	<b>LITURGY OF THE DAY</b> Div. Off. Psalter Week 1	<b>A Prayer to St Joseph:</b> O Blessed Joseph, husband of Mary, be with us this day. You protected and cherished the Virgin; loving the child Jesus as your Son, you rescued Him from the danger of death. Defend the Church, the household of God, purchased by the blood of Christ. Guardian of the Holy Family, be with us in our trials. May your prayers obtain for us the strength to flee from error and wrestle with the powers of corruption so that in life we may grow in holiness and in death rejoice in the crown of Victory. St Joseph, pray for us who have recourse to thee. Amen. Hail Mary...  <b>OUR RETREAT - Devotion to the Sacred Heart:</b> <a href="https://www.sttheresastansted.org/sacred-heart-devotion/">https://www.sttheresastansted.org/sacred-heart-devotion/</a>  <b>Step 7: Consecrating oneself to the Sacred Heart.</b> In a prayerful posture (Kneel), invoke the Holy Spirit with a prayer or a song: "Send forth your Spirit, O Lord, and all will be created. You will renew the face of the earth. Then, say the prayers of consecration: ""Lord Jesus, You who came to kindle a fire on the earth, I surrender myself today to the will of the Father in the breath of the Holy Spirit. Purify my heart, enflame it with love and charity. Increase within me the desire for holiness. Through the Immaculate Heart of Mary, I, ....., consecrate myself entirely to Your Heart to love and serve You. Amen!"  <b>Step 8: A Jubilee prayer of Consecration:</b> Lord Jesus, you revealed to Saint Margaret Mary your Heart, so passionate in love for all people and for each one in particular. Today, you invite us to draw from the source of your Heart, which remains more open than ever. In this sacrament of Love that is the Eucharist, We offer you our fatigue and our weariness: grant us rest; We expose to you our sufferings and our wounds: console us and heal us; We present to you our hardness of heart: transform us in gentleness and humility; We lay before you our ingratitude and our indifference: may we render you love for love; We express to you our thirst to love you and proclaim you: send us forth in the power of your Holy Spirit. Lord, we consecrate ourselves to your Heart, furnace of ardent charity. Make us instruments that draw hearts to your Love. Burn us with your compassion to testify to the world of this Heart that has loved us so much. Amen.											
Saturday 2 <sup>nd</sup>	6.00 pm	Francis & Judy Pereira's intentions (Wedding Ann.)	<b>18<sup>th</sup> Sunday Vigil Mass</b>												
Sunday 3 <sup>rd</sup>	8.30 am 10.00 am	For Tessa & Terrence Nazareth (Wedding Anniversary) For Liz Persons R.I.P(requested by Brian and Eileen)	<b>18<sup>th</sup> Sunday</b> (Year C)												
Monday 4 <sup>th</sup>	8.30 am	For Michael Linnett R.I.P	St John Vianney												
Tuesday 5 <sup>th</sup>	7.30 pm	For the intentions and welfare of Richard (His health)	Feria												
Wednesday 6 <sup>th</sup>	12.30 pm	For the intentions and prayers of Michael Cartin	Transfiguration -FEAST												
Thursday 7 <sup>th</sup>	10.00am	For the intentions and healing of Angela Deasy	Feria												
Friday 8 <sup>th</sup>	11.00 am 12.00 pm	<b>ADORATION</b> of the Blessed Sacrament & Confessions For the intentions & healing of our sick family & friends	<b>Holy HOUR</b> <b>St Dominic</b>												
Saturday 9 <sup>th</sup>	6.00 pm	For the intentions and prayers of the people of the parish	Our Lady Votive Mass <b>19<sup>th</sup> Sunday Vigil</b>												
Sunday 10 <sup>th</sup>	8.30 am 10.00 am	For Thomas Perira R.I.P and for Teddy's intentions For Catherine Annette McArthur R.I.P (2 <sup>nd</sup> Anniversary)	<b>19<sup>th</sup> Sunday</b> <b>Year C</b>												
<b>Confessions Saturdays at 5.15 pm to 5.45pm</b>  <b>Offertory:</b> Thank you very much for your generous support. Cheques are made payable to: <b>Catholic Church Stansted St Therasas</b> . For online donations, our parish Account Number: <b>41017519</b> , Sort Code: <b>401322</b> , and account name: <b>Catholic Church Stansted St Therasas</b> . <table><tr><td><b>Date</b></td><td><b>Gift Aid</b></td><td><b>Loose Cash</b></td><td><b>Standing Order</b></td><td><b>Total Collection</b></td></tr><tr><td>20/07/25</td><td>£79.20</td><td>£176.73</td><td>£444.00</td><td><b>£699.93</b></td></tr></table>			<b>Date</b>	<b>Gift Aid</b>	<b>Loose Cash</b>	<b>Standing Order</b>	<b>Total Collection</b>	20/07/25	£79.20	£176.73	£444.00	<b>£699.93</b>	<b>"Important Date for Your Diary"</b> Following our successful BBQ get together, <b>on Saturday 27th September 7pm</b> we will be honouring the Feast of St Theresa with a Celebration of the wonderful unity in our Parish with all our beautifully diverse backgrounds. Please bring and share traditional food with one another. We are also hoping for a variety of live music from all sections of the Community. More details nearer the time. Wearing of National Costumes would be lovely.  <b>2025/2026 First Holy Communion initial preparations have already started. Would all prospective candidates please speak to me asap.</b>		
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<b>Parish Census forms 2025:</b> Please fill in the required details for those who have not taken/returned the census forms. Please do take the census forms to anyone who may wish to be connected to our parish. Thank you for those who have returned the forms.			<b>Receiving Holy Communion on Christmas Day:</b> I have agreed with Emily (a teenager) to start a specific spiritual preparation toward reception of Holy Communion on Christmas Day for the first time. I would like to welcome more teenagers or baptised adults who may have not had a chance to celebrate their First Holy Communion before. I invite prospective candidates to speak to me after Mass.												

**Everyone is warmly welcomed & appreciated here:** I have been so happy to see new parishioners and I thank God for everyone who comes to Mass here. I would like to welcome everyone to our parish especially those who are new or joined us recently. As a parish, we all hope to be friendly and welcoming – so do please come to the Parish Hall after Mass to meet fellow parishioners and share tea/coffee. May everyone feel warmly welcomed, valued and respected in this parish. Here, in the House of the Father, nobody is entitled to judge anyone for to do so is a sin – **(Do not Judge Matthew 7:1)**. Here, no one will question you about your personal or professional life. We are all equal and the same before God. As a parish family, we are all united in the Mission of Christ. We support each other and we pray for each other’s intentions and salvation. If you are new, please let me know your details/address for pastoral reasons.

**Helping the poor in London:** Please do bring your items to the Church and we will send them to the Franciscan Friars of the Renewal (*St Fidelis Friary, Killip Close, Canning Town, E16 1LX. Telephone 0207 4740766*). Using the measurements of M, L, XL and XXL: Socks, T-shirts, Jeans, bottom Tracksuits, Sweaters, shoes (only trainers and walking boots), Jackets, Small Toiletries (shampoo, shower gel, toothpaste, shaving foam, toothbrushes, razors, Roll-on-deodorant), underwear (this is the only item that must be new). There are 90% men and 10% women. If possible, it would be lovely to help with monetary donation during the season of Lent for food purchases. I am so grateful to everyone for your help

**Dear St Anne,** mother of Mary and grandmother of Jesus. Pray for our families in every generation. Help our children and grandchildren to grow in faith and to live their lives in loving service to others and in gratitude and praise to God. Be with elderly members of our families who need comfort and courage as they face the problems and pains of old age. Be with parents as they try to do the best for their children in giving an example of faithfulness and true values. We ask your help for members of our family who are sick or in need at this time, and especially for those families who are broken and suffering. St Anne, mother, grandmother, friend, pray for us all. Amen. Hail Mary....

**+ A thank you message from The Bethlehem Nativity Group TBNG.** We would love to thank you by allowing our group to come to your church and sell the olive wood religious articles, the result of which was very beneficial and rewarding for our needy Christian families . Which raised £1758.00 . Your help is a great support for us, and for our Christian families in the Holy Land . We don't have enough words to thank you and your parishioners, but make sure that you are always in our prayers. If anyone has missed the carvings display, You can place an order online directly from them at [www.tbng.co.uk](http://www.tbng.co.uk) God bless you all Love and blessings from The Bethlehem Nativity Group +

**Devotion to the Sacred Heart:** Would you like Christ to heal your home, heal your relationships, your marriage, your illnesses and your children? Would you like Christ to help you with family differences and tensions? Would you like Christ to help you financially and holistically? Would you like Christ to Protect you against internal and exterior attacks from the enemy? Christ is All and is in All (Col 3:11). Our Saviour, Christ the Lord, has the answer and the hope we need in every situation of our lives. The Sacred Heart Devotion is a beautiful way to encounter Our Lord. The Sanctuary of the Sacred Heart at Paray-Le-Monial, France, has prepared a 12-steps presentation on the meaning of the Devotion to the Sacred Heart. I recommend this presentation to everyone. Please visit our website to read this presentation: <https://www.sttheresasastaned.org/sacred-heart-devotion/>  
Jesus revealed to Saint Margaret Mary the secrets of His Heart and the wonders of His love. This is a grace we can ask for as well. It is the grace received by Saint Margaret Mary, the grace that thousands of pilgrims have received, the grace of the Heart of Jesus: to encounter the personal love of Jesus for me. Jesus affirms that His love is for all humanity, and for each one of us in particular. It is as if Jesus is saying: My Heart remains restless until what I have done for all humanity takes on a personal shape and a particular rooting in your life. At Paray-le-Monial, Jesus tells us that the love He has for all humanity, the salvation He works for all humanity, His presence that He maintains with all humanity.....He wants this to take on a wholly personal reality in each of our lives. **Please read the twelve steps on our website – You may choose to read two steps daily and think about them.**

